

DXA (DUAL-ENERGY X-RAY ABSORPTIOMETRY) QUESTIONNAIRE

Patient Name: _____ Date: _____

Gender Identity: Female Male Transgender Female Transgender Male Other: _____

Sex recorded at birth on your original birth certificate: Female Male Other: _____

Weight: _____ Height: _____

Please select the ethnicity that **BEST** describes you: African-American Asian Caucasian Hispanic

History:

Prior **lower** spine or hip surgery? Spine Hip None

Cement (Vertebroplasty/Kyphoplasty) in lower spine? Yes No/Unsure

Prior silicone injection in buttocks and/or thighs? Yes No

Do you have **HYPERPARATHYROIDISM**? Yes No/Unsure

Are you left-handed or right-handed? Left Right

Female Patients:

Are you (select one):

Pre-menopausal (I usually have regular menstrual periods)

Peri-menopausal (Irregular periods, but I have had at least 1 period in the past 12 months)

Post-menopausal (I have **NOT** had a menstrual period for more than 12 months) **or** Hysterectomy

If post-menopausal, what was the approximate age of menopause/hysterectomy? _____

Is there any possibility that you are pregnant? Yes No or N/A

If pregnancy is possible, when was the last day of your menstrual cycle? _____

Supplements: Are you taking any of the following (select all that apply)

Calcium (e.g. Tums, **Citracal**, **Caltrate**, **Os-Cal**) Yes No/Unsure

Vitamin D (e.g. Calciferol, **Caltrate**, **Citracal**, **Os-Cal**, Calcium+D) Yes No/Unsure

Medications: Are you taking any of the following (select all that apply)

Year Began/Ended

Alendronate (**Fosamax**/Fosamax+D) _____ Yes No/Unsure

Risedronate (**Actonel**/Atelvia) _____ Yes No/Unsure

Ibandronate (**Boniva**) _____ Yes No/Unsure

Raloxifene (**Evista**) _____ Yes No/Unsure

Denosumab (**Prolia**) _____ Yes No/Unsure

Teriparatide (**Forteo**) _____ Yes No/Unsure

Zoledronic Acid (**Reclast**/Aclasta/Zometa) _____ Yes No/Unsure

Abaloparatide (**Tymlos**) _____ Yes No/Unsure

Estrogen/Hormone Replacement Therapy (e.g. **Duavee**) _____ Yes No/Unsure

Other Osteoporosis Medication Treatment (specify below): _____ Yes No/Unsure

FRAX Questionnaire:

| | | |
|---|------------------------------|------------------------------------|
| Do you drink 3 or more units of alcohol daily? | <input type="checkbox"/> Yes | <input type="checkbox"/> No/Unsure |
| Hip fracture in your father or mother? | <input type="checkbox"/> Yes | <input type="checkbox"/> No/Unsure |
| Currently or EVER taken ORAL/IV steroids (e.g. prednisone/cortisol) for more than 3 months? (equivalent dose of prednisone 5mg or more daily) (topical/inhaled steroids are not applicable) If yes, provide name of medication and dosage: _____ | <input type="checkbox"/> Yes | <input type="checkbox"/> No/Unsure |
| Have you suffered a wrist/hip/spine fracture in your ADULT life which occurred spontaneously or arising from low-impact trauma or fall from normal standing height ? | <input type="checkbox"/> Yes | <input type="checkbox"/> No/Unsure |
| Do you have any reason for secondary osteoporosis? (e.g. hyperparathyroidism, type I diabetes, cystic fibrosis, osteogenesis imperfecta, untreated long-standing hyperthyroidism, hypogonadism or premature menopause (<45 years), chronic malnutrition/malabsorption, chronic liver/kidney disease, multiple myeloma) | <input type="checkbox"/> Yes | <input type="checkbox"/> No/Unsure |
| Have you been diagnosed with RHEUMATOID Arthritis? | <input type="checkbox"/> Yes | <input type="checkbox"/> No/Unsure |
| Do you currently smoke? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Patient Signature

Date

Tech/Nurse Signature

Date

OFFICE USE ONLY:

Pregnancy Test Result: Positive Negative N/A